

ABSTRACT OF THE DISCLOSURE

An automatic return guiding device is provided for a track device including a first track member having a base mounted to an inner end thereof and a second track member slidably mounted in the first track member. The
5 base includes a sliding seat having a slot. The slot has a bent section on an outer end thereof. A sliding member is mounted on the sliding seat and includes at least a front leg and a rear leg that are slidably received in the slot. An elastic element is attached between the front leg of the sliding member and a rear end of the base. The sliding member further includes an inclined face
10 and a recessed portion following a rear end of the inclined face, with the inclined face and the recessed portion together forming a resilient plate on a body of the sliding member.